



North Shore Unitarian Church

BELONG WITH HEART. THRIVE IN SPIRIT. ACT IN SERVICE

November 2016

A New Audio/Visual System for the Sanctuary?

by Board of Trustees President, John Biasucci

By the time this newsletter reaches you, our 2017 Canvass will be well underway and you will have heard that if the Canvass reaches its goal of \$250,000, the church will install in the Sanctuary a modern image projecting audio/visual system – that is, a system to project images, such as photos, videos, and song lyrics, onto a large screen up front that all can easily see. For any of you who may be wondering why we want to install this system now, in our current building, here is my take on why I think it is important.



Example of a drop-down screen

First, though, let me describe the A/V system we expect to be able to install if the Canvass goal is reached.

At the front of the Sanctuary, suspended over the chancel, would be a large, motorized dropdown screen. The 10 to 12-foot screen would descend over the chancel when needed to show images. When not needed, it would retract and be hidden. At the back of the sanctuary, on the ledge above the pews (where we now

have a clock) would sit a projector with a powerful lamp and lens system that can cast clear images onto the screen without darkening the room. The song lyrics, videos and other images to be displayed would be sent to the projector from laptops and other sources electronically linked to the projector.

(Note to those worried about investing funds in our current building: We expect the projector and screen, responsible for most of the cost of the new A/V system, to be reusable in the new building.)

Why do we need a new A/V system? Aren't our Sunday services and other activities of the church doing just fine without an image projecting visual system? These questions can be answered on two levels:

First and most obvious, being able to project images and videos will greatly enhance our Sunday services. Our Co-Ministers will get a whole new dimension – the Visual – to augment their ability to communicate with us in the pews. (Marcus and Emily would love to be able to use visuals in their services and strongly support our getting a projection system.) Song lyrics can be projected onto the screen, letting us sing with our heads high, rather than forced to look down into our hymnbooks. Even images from

(continued on page 5)

Canvass Update

Canvass Month launched on October 16th with a thought-provoking and inspirational sermon by Rev. Marcus. Soon you will be contacted by one of our intrepid Canvassers. Please make time to connect with your Canvasser when he/she calls.

This year's target is \$250,000 which will enable us to provide the programs and services you have told us you value PLUS invest in a new audio-visual system for the Sanctuary!

A big thank you to your Canvass Committee (Greg Huynh, Malcolm Mallory, Brian McConnell, Linda Pratt, Judith Radford and Ian Shearer) and the aforementioned 22 intrepid Canvassers.



Canvass Celebration
November 18th 6-10 pm
in the Fireside Room

All members and friends are welcome! Please bring a tapas or dessert to share, plus your favourite tippie. Non-alcoholic punch will be provided. Ryan Guenther will deliver some of his trademark stand-up comedy followed by musical stylings by Paul Jaffe & Co. to get your toes tapping, and perhaps even on the floor cutting the rug.

Upcoming Sunday Services

November 6th, 10:30am

“Out Beyond Ideas of Right-Doing and Wrong-Doing”

Speaker: Rev. Marcus Hartlief

Coordinator: Leslie Gibbons

How do we practice the dance of compassion when we are in conflict?

Children will begin the service upstairs.

November 13th, 10:30am

“The Cave of the Heart”

Speaker: Rev. Marcus Hartlief

Coordinator: John Slattery

Who are our ancestors, and can we listen for their voices in our lives?

Children will begin the service downstairs.

November 20th, 10:30am

“Listening to Beauty”

Speaker: Rev. Emily Hartlief

Coordinator: Sue Forbes

What do we discover when we tune into beauty as a source of wisdom?

Children will begin the service upstairs.

November 27th, 10:30am

“What Does It Mean to be a Successful Man or Woman Today?”

A service with multiple voices exploring this question, coordinated by Kerry Burke. Kerry shares this invitation for your participation:

"I'm putting together a panel about what success as a man or woman looks like these days. I'm wondering if you could send along your thoughts about this big topic—your words may be included in the service. I'm looking for how you see success, what elements are involved, and how that might look different from how your parents or children might imagine this topic. Please email responses to kerryburke@me.com.



Special Invitation for Visitors:

On November 13th visitors are invited to stay after the service to meet with one or both of our Co-Ministers in their office, and ask questions about our congregation.

CUC Tip #12 for Intentionally Inclusive Congregations: Spiritual Diversity

At the core of our UUism is a belief that all people are free to seek meaning in ways that make sense to them. Congregations that want to explicitly welcome theological diversity are wise to pay attention to the balance in their services so that all feel welcome, regardless of their spiritual perspective.

Miss a Service?

VIDEOS of many of our sermons are available to watch online:

1. From our home page at northshoreunitarians.ca, hover over “News & Events” on the top menu.
2. From the drop down menu, select “Watch Recent Sermons”.
3. Click on one you'd like to see.

Contacting Our Co-Ministers

Our Co-Ministers are generally available for appointments Tuesdays, Wednesdays, and Thursdays. Phone or text them for an appointment, or email them (note that they may not reply to weekend emails until Tuesday).

Rev. Emily

Emily@northshoreunitarians.ca / 604-704-6749

Rev. Marcus

Marcus@northshoreunitarians.ca / 604-704-6740

As the skies hold a deeper and deeper grey, and the days march with assurance towards the longest night, we will begin to shift this month from the story of turning toward one another to the story of turning inward. In services this month we ask the question, ***how do we listen together?*** Deep listening is a thread that runs through spiritual practices throughout the world. From Buddhist meditation practices, to the ancient Christian practice of holding vigil, to contemporary practices from the field of psychology, we know that listening is an important part of the path toward well-being and wholeness in ourselves and our relationships. But it's not always easy to know what to listen to, or how to listen—especially in our noisy and overstimulating modern world.

As we have listened to our spirits and our bodies this Fall, we have found that we needed to shift how we are balancing the work of our ministry to best care for our family. It has become clear for us that after a lack of significant maternity leave and the stress of a big move with an infant, Emily needs a slower onramp in this new ministry. So instead of sharing the workload equally as we originally imagined (and as we imagine we will in the future) we are planning for Emily to limit her work to preparing for and leading some services. With the blessing and encouragement of the Board, and in regular consultation with Emily, Marcus will perform the rest of the work of the ministry—throughout this church year if needed. We have felt care and support and understanding from so many of you as we have

been settling in, and we deeply appreciate the church supporting us in listening to ourselves and arranging our work together in a way that best meets the needs of the moment. Thank you for understanding if we occasionally must change our published plans for Sunday Services.

This slower onramp has also meant that we are delaying our plans for listening circles about your Hopes and Histories with the church. With gratitude to the fifteen hosts who have volunteered, we will schedule those gatherings as soon as we are able to plan to both attend more evening and weekend events. It is important to us that we are both present to listen in these vital conversations.

It is often hardest to listen when we don't want to hear what a voice has to tell us. We had a hard time listening to the truth of our family needs right now because we wanted so badly to both jump in with both feet. Have you ever had to listen a challenging truth that you did not want to hear? In your life, has it been hardest to listen to other voices, or to your own deepest self? Many of us ignore, deny, or argue with our own inner voices for far too long. Sometimes this even has devastating consequences for our physical or emotional health. With the wider culture offering a constant stream of distractions as the principal solution to the soul's turmoil, we have to be intentional about creating space for deep listening.



Revs. Marcus & Emily Hartlief

Because it's not easy to do alone, it is our work as a spiritual community to support one another in this practice.

Rev. Dr. Rebecca Parker, one of our teachers and a prominent contemporary UU theologian, writes this about what is possible when we practice deep listening together:

"There is a quality of listening that is possible among a circle of human beings, who by their attentiveness to one another create a space in which each person is able to give voice to the truth of his or her life. There is the miracle of authentic narrative, made possible by listening that holds still long enough to let the truth be told. Where there is this kind of listening and speaking, a new kind of community is born — a community of life."

May we be such a "community of life" for one another, so that we may show another way to a world so often too busy and distracted to listen with care.

With you on the journey,
Revs. Emily and Marcus

Heart, Mind, Spirit

HMS Bulletin Board

After the basement renovations downstairs, the Heart, Mind, Spirit bulletin board was moved from its previous location at the bottom of the stairs to a new spot at the left of the entrance to the Fireside Area. Check that space for program info and registration sheets.

Nonviolent COMMUNICATION

NSUC will host two beginner Non-Violent Communication groups for those wanting to learn NVC. One group will be held on Sundays after church in RS305, 12:30-2:30 pm starting on November 6th. The second practice group will be held on Thursday afternoons in the Fireside Room, 2-4pm, starting on November 3rd. To participate, please email Catherine Strickland at cstrickland@shaw.ca.

Lecture & Discussion

Carpools to UBC Vancouver Institute Lecture Series are on hold for now while we navigate the busy fall season at NSUC. Stay tuned for further developments in the new year.



Afternoon Women's Group

An afternoon women's group is open to new members. Contact Julia Covell (jcovell@telus.net) if you would like more information about this group that is just being formed. Leave your name with the Church Office if evenings or weekends are better for you.



John Slattery is again leading a series of Theologians' Café sessions at the West Vancouver Senior's Centre on the second Thursday of each month, 2-4pm. The theme for November 10th is "Spiritual Practices". Click [HERE](#) for more information.



Stories with Soul

A leader has volunteered to re-start this monthly afternoon reading discussion. However, we're still in search of a co-facilitator to make this happen. Email Marcia Stephenson or the church office if you can help.

Mission Statement

THE MISSION
OF NORTH SHORE
UNITARIAN CHURCH
IS TO EMPOWER PEOPLE
TO LIVE WITH GREATER DEPTH,
MEANING AND PURPOSE.
WE WELCOME ALL
TO OUR CARING COMMUNITY,
FOSTER SPIRITUAL GROWTH
FREE OF DOGMA,
AND INSPIRE ACTIONS
IN THE SERVICE OF LIFE.

The Seven Principles Our Congregation Affirms and Promotes:

1. The inherent worth and dignity of every person;
2. Justice, equity and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

(continued from page 1)

children's storybooks can be shown on the screen for all to enjoy during story time.

But not just Sunday services will benefit. So will: town halls, lectures and FundFest events where videos and images can be shown, Congregational meetings where budgets and financial reports need to be explained,

Movie nights, Weddings and memorial services. These and any other NSUC events that can be enhanced through the viewing of films, videos or photos will greatly benefit from our installing a modern image projection system in our sanctuary.

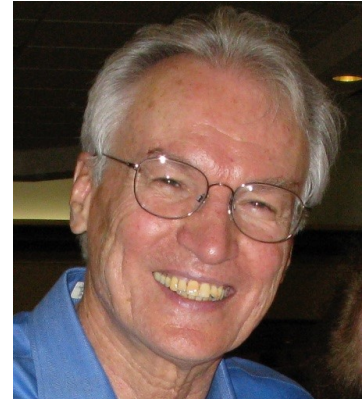
Second and less obvious, but on a more fundamental level: In today's world, where people have grown up on TV and movies (and, especially for younger families and youth, the Internet and social me-

dia) any institution that limits its communications to the written and spoken word can only be perceived as stuck in the past, out of touch with the modern world. To compete for attention today, the eye as well as the ear must be reached.

"WE MUST REACH THEIR EYES,
AS WELL AS THEIR EARS.
WE MUST TOUCH THEIR HEARTS,
AS WELL AS THEIR MINDS."

Applying this to sermons at Sunday services, for example, UU Minister Scott Alexander in his excellent book *The Relational Pulpit* argues that a fundamental problem with sermons in many churches today, and why sermons so often don't live up to their potential, is that "the classic nineteenth-century mode of monologic, rational, didactic discourse . . . persists as the model for most American preaching" (p. 4).

To get beyond the 19th century model sermon that came in only through the ear and was directed only to the "cognitive/analytical left hemisphere of the brain", his book urges that a modern sermon must reach us through more than



John Biasucci, Board President

our hearing – it must be multisensory – and it must engage as well "the right hemisphere [of the brain], which we now understand responds to the more emotional/intuitive/imaginative information that comes to us out of our human experience." (p. 5)

Rev. Alexander's book was written more than 20 years ago, before smartphones, Google, Facebook and ubiquitous Internet. His arguments are even more relevant today, and will become increasingly relevant in the future as today's youth become tomorrow's adults. If we want to reach and fully engage those who come to our Sunday services today and in the future – to move and inspire them and make them want to come back for more – we must get beyond sole reliance on the spoken word. We must reach their eyes as well as their ears. We must touch their hearts as well as their minds.

In short, as we go forward into the future, we must equip our church with the best multisensory communication tools that we can. Installing a projector and screen is a first step.

~John Biasucci



Children's Program



Lynn Sabourin, DRE



one of the colours of the rainbow and has a symbolic object to help children remember them. Their first promise story, *The Weight of a Snowflake*, focused on the red promise.

3-6 Year Olds

The children in our Spirit Play class learned about the symbol of our faith, the Flaming Chalice and started their exploration of our Unitarian Universalist (UU) principles, which they call promises.

Each promise is represented by

Children's UU "Promises"

Red Promise:

Respect all people or beings.
(Gift)

Orange Promise:

Offer fair and kind treatment
to all.
(Heart)

Yellow Promise:

Yearn to accept and learn
about ourselves, others
and Mystery.
(Flame)

Green Promise:

Grow by exploring what is true
and right in life.
(Flower)

Blue Promise:

Believe in our ideas
and act on them.
(Bell)

Indigo Promise:

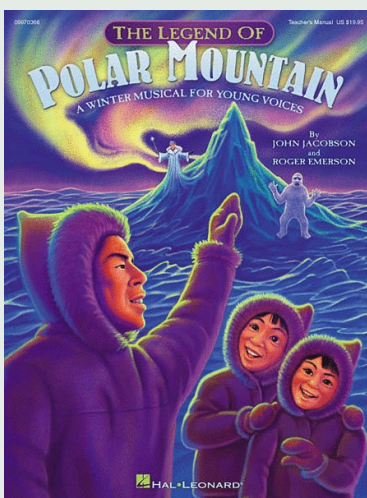
Insist on freedom, justice
and peace for all beings.
(Dove)

Violet Promise:

Value our home, Earth,
which we share with all living things.
(Earth ball)

Christmas Pageant

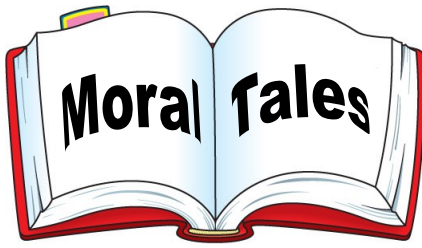
Imagine a land where there is so much ice and snow that the indigenous population has more than 49 words for it! A land where the sun sets in the fall and is gone months at a time: where the winter sky is illuminated only by the magic of Aurora Borealis- the Northern Lights. Imagine a mountain so cold and foreboding that the only inhabitants are a gigantic abominable snow man and a snow queen dressed in snowflakes and icicles! This is the land where ***The Legend of Polar Mountain*** is heard and every word is true. Or so they say. This year our pageant is a musical about hope and joy, both elements of the winter holidays celebrated by people of different faiths and cultures all over the world.



This will be a multigenerational production that can include many children, youth, young adults and elders as would like to be involved. Some people have speaking parts and all who want can join in the songs. We will also need scenery folks and costume folks. Alison Nixon, our music director, and I will be collaborating on directing the pageant which will be part of the service on December 18th.

Sunday, November 27 th	Rehearsal noon – 1:30 pm
Sunday, December 4 th	Rehearsal noon – 1:30 pm
Sunday, December 11 th	Rehearsal noon – 1:30 pm
Saturday, December 17 th	Dress Rehearsal 3-5 pm
Sunday, December 18 th	Pageant during service (10:30 am)

Please call Lynn at 604-926-1621 for more information or to sign up to be involved.



7-8 Year Olds

Our Primary class is exploring Moral Tales. The children heard the story, "A Sword of Wood," about a Jewish man whose faith is tested by a shah. The Jew holds fast to his faith and relies on prayer as he meets various

challenges. They talked about prayer as an important practice in many world religions. Prayer was presented as a two-step practice: first, naming what is in your heart, and second, engaging in deep listening. They made UU prayer beads with each bead representing a common type of prayer. The virtue of empathy was the focus in the tale, "In Another's Shoes" as a tool for treating others with caring, compassion and respect, and for making moral decisions about how to act in the world. Issues of inclusion and exclusion were discussed in the session focusing on being welcoming and the class was introduced to Mullah Nasruddin, a Middle Eastern folk hero.

9-10 Year Olds

Unpacking our Toolbox of Faith our Middle group discovered that a compass can represent integrity, our inner moral compass or inner voice that helps us to determine right from wrong. Duct tape stood for flexibility; the class reflected on the value of developing an open mind, a flexible faith, and an ability to live with changeable answers.

They emphasized the importance of being informed and flexible decision-makers. A little more difficult for an active group, was using a mirror to explore the value of reflection. We talked about using reflection when we have difficult questions and need to think about the answers. And we talked about when, where, and how we take the time to listen inside ourselves for a still, small voice. The story of Elijah, from Hebrew Scriptures provided a focus.



11-12 Year Olds

Our Inquiring Souls dove into some of the questions that they generated in September. "Why do people pick brands over quality products?" especially in a society that needs to be more

environmentally conscious. After discussing the attributes and downsides to the on-line game, Pokemon Go, the class invented their own, more positive version of the game which they called UU Go. Even Rev. Marcus was impressed. They discussed movie ratings and the contradictions presented when movies are marketed to children who are not in the appropriate age range. When you are in the Rod Stewart Building in Room 305, check out their graphic depictions of their sessions.



Gift-Making Workshop

On Sunday, November 20th we will have our annual Christmas Gift-Making Workshop downstairs at the church from 2 -5 pm. Children over 5 years of age will have the opportunity to make gifts for their friends and family. There will be 10-12 craft tables each set up with 2 adults or youth who will show the children how to make each project. The cost of each craft ranges from 25 cents to \$3 and is designed to cover the expense of materials only. Admission is a toonie and includes hot apple cider and goodies. We hope you can join us, enticed by the aroma of apple and cinnamon and the sounds of soft winter music. I personally love seeing the children's faces when they have created something special and feel the satisfaction that comes with making a meaningful gift for a loved one.

Thankfully, we have a core of adults who don't want to miss helping with this event, but we need more volunteers. To volunteer or learn more about it, call Lynn at 604-926-1621.

Many thanks to our wonderful teachers and assistants who provide a lot of the creative energy in our classrooms!



Circle Meals are Back!

In the spirit of breaking bread together, we're launching a series of Circle Dinners or Lunches welcoming both seasoned members and new people! Marcus, Emily and Henry are planning to participate, too, when possible.

In addition to **Circle Dinners**, we are also offering **Circle Lunches**

for daytimers, and both **Family Dinners** and **Family Lunches** for parents and their children. These social meals are held on the 4th Saturday of October, November, January, February, March, April and May.

We need both hosts and guests. Hosts offer their homes, beverages, and warm hospitality. Hosts also help to plan around any food sensitivities in the group. Guests bring a food offering to complement the meal.

Please sign-up on the sheets downstairs to participate as hosts or guests. Joy Silver will match up the participants.

Art Show in the Sanctuary

Exhibiting this month are quilters Pat Meyer and Marsha Unheim.

Pat's favorite quilting design is Bargello, originally an Italian embroider stitch (pictured here).



Our visiting quilter, Marsha, took up quilting in the 90's. She enjoys making small quilts for babies and lap quilts for adults. Our talented NSUC youngsters are excited to display some of their paintings done in a recent workshop.



Cronies

Come join a fascinating and friendly circle of Cronies on

Thursdays, November 10th and 24th at noon for tea and chatter. Be a mad hatter. The more the merrier! Joanna 604-904-9535.



Jammin' With the Band

There will be no "Jammin' with the Band" session in November, but mark your calendar for December 9th, our next session.

~Paul Jaffe

We Now Accept



as an alternative to cheques!
(Ask Janni for details).



From the Library

In his book *Cultivating Empathy: The Worth and Dignity of Every Person – Without Exception* Nathan C. Walker, a UU minister, challenges us to live up to our first principle, even when dealing with people who do not share our values. To accomplish this difficult task, he suggests using "moral imagination", whereby we look at conflicting situations from the perspective of the different persons involved. He tells us about his own experiences with racists, criminals, homophobes, the privileged class, and Monsanto representatives. It was a powerful lesson for me in not vilifying 'the Other'. If this sounds interesting to you, you will be happy to know that we have this book in our library, thanks to Rev. Fran Dearman. Thank you to Beverly Grice for sponsoring *The Cloud Spinner*.

Outreach/Inreach



In September, we collected \$882.35 for Child Haven International.

In November, half of our Outreach/Inreach collections will be given to Hope's Place, which provides temporary housing for women and children fleeing abuse and helps them to regain stability.

2017 Choir Tour to Hungary/ Transylvania

There's still room if you'd like to join a trip to our partner church in Hungary May 26th to June 5th, 2017.

For more info, click [HERE](#) or contact Brian Welwood (604-988-1135) or Alison Nixon (604-947-0120).



Nov. 5th

Remember to
set your clocks back
one hour
before you go to bed
on Saturday,
November 5th!

Craft Fair

**Artarian Art & Craft Fair
Sunday, November 27th**

at 10am and after church
in the Fireside Room.

Coffee and light refreshments
will be provided while you
browse all the wonderful items
for sale — all hand-made
by local artists and crafters!
Items for sale will likely include:
cards, prints, knitted goodies,
stained glass, jewellery, mixed
media canvases, and more!

~ Sharon Bowen

B&G

Building & Grounds

John Biasucci and Brian McConnell are happy to announce that upgrades to the sound system are now complete with better mics and other devices, thanks to the technical help of Ira Jordison, former youth member. Malcolm Mallory and Brian M. have been updating the library collection's ancient database and computer with a machine formerly used in the office and by Stephen. Brian M. brought Internet connectivity to the library and the new

**PLEASE JOIN US FOR A GROUNDS
MAINTENANCE WORK PARTY
ON NOVEMBER 19TH AT 9 AM!**

Smart TV, and is making the peripheral devices work, including Bose speakers. Thanks to Maurice & Leslie Gibbons for donating a Blu-ray player. Sound projection to the basement is again possible, thanks to a donation from Wayne and Margo Hanna. All of these devices can go with us when we move. A spiffy new podium is also in the works. Janni and Lynn did a purge and organization of the resources storage area. Brian Welwood secured the shelves to the walls.

"With the building and grounds, some things just need to get done. Other things give us an opportunity to show that this is an energetic, forward-looking community." ~ Brian McConnell

Brian W. supplied the skill for tenant-paid sink replacement in Chelsea House and replaced, with Bob Vaughan and Brian M., the Chelsea House skylight plastic. Brian W. also dismantled the John Cox garden sprinkler system for the winter. Brian M. repaired the urinals.

A B&G group gathered on October 22nd to restore phone service downstairs, remove tattered chairs from the sanctuary, block off entrance to a wasp nest in the building cavity, set up an Ethernet hub in the basement and winterize the lawn mower.

~ Brian McConnell
for the B&G group



Young Adults

If you grew up playing Pac-Man on the first home computers, bloomed during the Pokeman craze, or know what a Power Rangers' Deluxe Double Morphing Rescue Megazord is – then guess what? You are probably a Young Adult!

The Unitarian Universalist movement defines Young Adults as ages 18 – 35; it's the next step after you graduate out of Youth Group or a great place to start your path and meet some peeps in this specific age range. North Shore Unitarian, in collaboration with other Lower Mainland UUs, are revitalizing the social and spiritual programming for this group now! If you have a strong interest in participating or shaping the vision of this group, please get in contact with our Minister, Marcus Hartlief (marcus@northshoreunitarians.ca) or Lindsay Hindle (lindhindle@gmail.com) or Doug Sabourin (dougsabourin@gmail.com)

Join us next month for a social evening on **Friday November 18th** for a 5:30pm dinner at the Wallflower on Main St. followed by live music with Hannah Epperson (\$12) performing at The Fox Cabaret (19+). Friends are welcome! **Please RSVP by November 10th** so we can arrange reservations and tickets. RSVPs can be made through our local Facebook page or through text message to Lindsay Hindle. See details below!

Important Young Adult Contacts & Connections:

- Local Facebook Group: UU Young Adults in Vancouver
- Local contact for November 18th:
Lindsay Hindle (Phone/text: 778-231-4959)
- National Facebook Group:
Canadian Unitarian Universalist Young Adults
- National Youth & Young Adult Ministry Development:
Asha Philar (asha@cuc.ca)

~ Lindsay Hindle

Anti-Pipeline Demonstration November 19th

Our Social Responsibility Committee invites you to an anti-pipeline march and rally at noon on Saturday November 19th starting at Vancouver City Hall.

The organizers of this demonstration are the same coalition who were responsible for the huge demonstration of 100,000 on the Burrard Street Bridge in the 1980s to stop nuclear weapons. Environmentalists, indigenous people, Labour movement and faith groups will gather together to give notice to government leaders that Greater Vancouver is building a future free of fossil fuels.

Canadian Unitarians for Social Justice and Beacon Unitarian Church will be participating. Come join us, if you can! We'd love to have an NSUC contingent there.



The Power of Ritual

By Lay Chaplain Barb Moore

To continue the conversation started last year with our service on ritual, Lindsay and I are going to offer some musings on ongoing rituals throughout the year. I'm up first and I'm glad, because I love autumn and all the rituals my family enjoys at this time of year.

From reading #446 in "Singing the Living Tradition", I read aloud one passage at the solstice of each season. For autumn this is:

"SPIRIT OF THE WEST,
SPIRIT OF WATER,
OF EVENING AND AUTUMN:
BE WITH US AS THE SUN SETS
AND HELP US TO ENJOY A RICH HARVEST,
FLOW THROUGH US
WITH A COOLING, HEALING QUIETNESS
AND BRING US PEACE".

Autumn to my family means enjoying a quiet end of summer retreat together on Hornby Island. This gives us, or at least me, the energy to weather the back-to-school, back-to-work, back-to-church rush that is September. I love making soup and jam and the cooler weather encourages stirring big pots and watching the magical conformation of vegetables and fruits, without suffering in the heat.

We love decorating for thanksgiving, and the little feast that we share. We celebrate our family ritual of going to breakfast together on birthdays. We love our trips

to the Pumpkin Patch, where my daughters are by far the oldest kids on the hay ride, out in the muck picking out their pumpkins.

We walk up the hill by our home to watch the fly by on Remembrance Day, and listen for the gun salute across the water. As the days darken, we put up holiday lights.

As my daughters grew up and got busy with their own work and lives, I expected they would grow out of our little rituals.

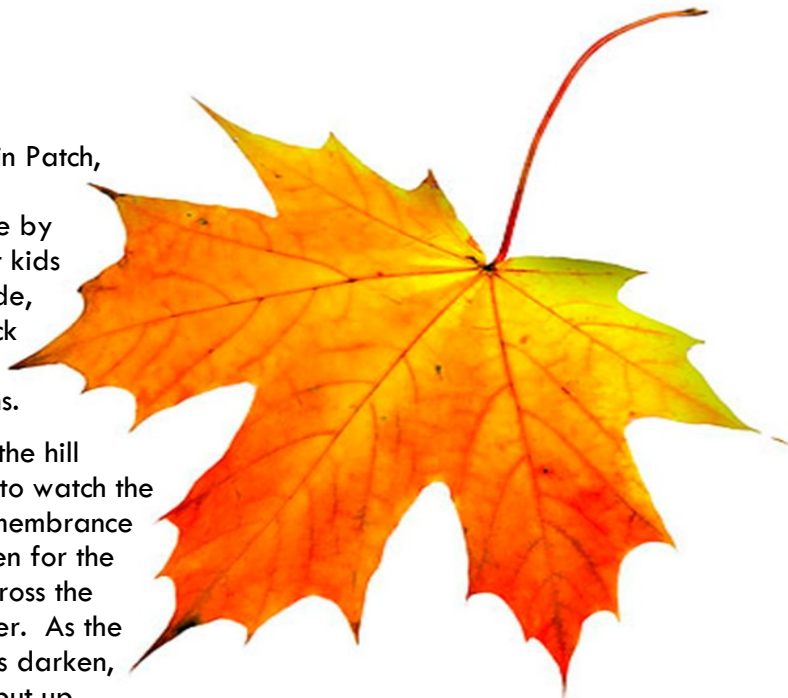
But they haven't. I have

come to realize that they are actually instigating the continuation of these rituals they also hold dear. Somehow with all of us usually going in different directions, we managed to have Thanksgiving Day off together again this year; we went to the pumpkin patch; we made our little feast. And for that I am truly thankful.

May peace be with you at this quieting time of year.

~ Barb Moore
Lay Chaplain

North Shore Unitarian Church



*"May peace be with you
at this quieting time of year."*

How Can We Help?

Our Lay Chaplains are available to help plan all sorts of rituals, including:

- Weddings
- Memorials
- child dedications
- Coming-out celebrations
- House blessings
- Divorce ceremonies
- and more!

Let us know how we can help!
Contact our church office:

(604-926-1621)
info@northshoreunitarians.ca

Youth Group



Meike Schieb
Youth Program Coordinator

The fall season is upon us! After a Thanksgiving break, the youth program is back in full swing.

Thanks to the congregation for supporting **Youth Souper Sundays** — and of course a big thanks to the parents and the youth for donating soups and helping with clean-up, and to Barb Moore for coordinating the youth soup Sunday. This new initiative is an opportunity to create community within the youth and also inter-generationally. Coordinating Youth Souper Sunday is not always easy, so please be patient while we figure things out!

The **Coming of Age program** is going well. Some new youth have joined, so we now have 8 COA youth and 18 registered overall in our youth program. This is a lot of youth, but let's keep growing!

The **Grade 12** youth have had some fantastic and insightful meetings so far where they dove deep, explored and shared a lot.

The youth are excited because the BC Regional Fall Gathering (which will take place at NSUC) is happening soon!

Youth BC Regional Fall Gathering at NSUC

The Youth BC Regional Fall Gathering is taking place at NSUC November 11-13th — and we need your help!

First, we need volunteers to help with **overnight supervision** on Friday and Saturday nights. If you can help either night with either a 2-hour shift or the entire night (1am –7am), contact me (nsucyouth@gmail.com).

Second, we need help with **meal preparation and clean-up** for the 50 or so participants. Barb Moore and Kit are coordinating meals, but they need LOTS of help! Please email Barb (Barb.Moore@vch.ca) if you can help with a 2-hour shift for one of the following meals:

- Dinner Friday night, November 11th.
- Breakfast Saturday, November 12th.
- Lunch Saturday, November 12th.
- Dinner Saturday, November 12th.
- Breakfast Sunday, November 13th.

Additionally, November 13th is the scheduled Moore family soup fundraising day, but since the whole family will be at church all weekend with this con, there won't be time to prep soup. If anyone can bring soup that Sunday, please let Barb know, at Barb.Moore@vch.ca.



Outing in Vancouver with the UCV youth and youth advisors

Coming in November

November 6 th	5:30-7pm 7-9pm	YAC Meeting Youth Group
November 8 th	6:30-8pm	Grade 12 Meeting - Offsite
November 11-13 th	5pm	BC Regional Fall Gathering
November 20 th	11:30-12:30 12:30-2pm 4:30-6:30pm 7-9pm	Youth Souper Sunday Youth Ministry Team Meeting Coming of Age Meeting Youth Group
November 27 th	7-9pm	Youth Group

November 2016 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11am Art Hanging 7pm Sanctuary rental	2	3 2pm NVC 6:15pm Chamber Choir Practice 7pm Choir Practice	4	5 10:30am FF Mah Jongg 
6 10:30am Sunday Service 11:45am Soup 12:30pm NVC 12:30pm Artarian Mtg (offsite) 5:30pm YAC 7pm Youth Group	7 7:30pm Meditation	8 6:30pm G12 Mtg (offsite) 7pm Sanctuary Rental	9 7pm Board Mtg	10 10am Meditation 12:30pm Cronies 1pm Staff Mtg 2pm NVC 2pm Theologians' Café (offsite) 6:15pm Chamber Choir Practice 7pm Choir Practice	11 OFFICE CLOSED (Remembrance Day) BC Fall Gathering Youth Con	12 2pm Media Ministry Mtg
13 10:30am Sunday Service 11:45am UU101 11:45am Soup BC Youth Con	14 7:30pm Meditation	15 7pm Sanctuary Rental Newsletter Deadline	16	17 10am Book Group 2pm NVC 6:15pm Chamber Choir Practice 7pm Choir Practice	18 4pm Canvass Celebration Set-Up 5:30pm Young Adult event (offsite) 6pm Canvass Celebration	19 9am B&G Work Party
20 10:30am Sunday Service 11:45am Soup 12:30pm NVC 12:30pm Youth Ministry Team Mtg 2pm Gift Making Workshop 4:30pm COA Mtg 7pm Youth Group	21 7:30pm Meditation	22 7pm Sanctuary Rental	23	24 10am Meditation 12:30pm Cronies 2pm NVC 6:15pm Chamber Choir Practice 7pm Choir Practice	25 7:30pm FF Fireside Astrology Trash Pickup	26 Circle Meals (offsite) 
27 10am Artarian Craft Fair 10:30am Sunday Service Noon Pageant Rhs. 12:30pm NVC 7pm Youth Group	28 7:15pm Children's Program Com. Mtg. 7:30pm Meditation	29 7pm Sanctuary Rental	30 Noon Care & Concerns Mtg	Calendar events often change without notice. See our most up-to-date calendar on our website HERE . (Click on News & Events on the main menu).		



Snow Closures

When weather is bad, our main concern is for the safety of our congregants. It is up to individuals to determine whether or not they feel safe coming to church in inclement weather.

On very rare occasions, church services (and other events scheduled that day) may be cancelled due to poor weather conditions. On a Sunday, the decision will be made by 8:00 that morning.

If a Sunday Service is cancelled, we will try to notify the congregation several ways, including:

- Posting a message on our Home page and Blog.
- Emailing church members and friends.
- Changing the message on our phone's answering machine.
- Encouraging "word of mouth" communications.
- If possible, putting a note on the door.

Unforeseen situations may prevent these methods of communication, in which case we will use whatever means we can to notify congregants of the closure.

Church events other than Sunday Services may be cancelled for bad weather at the determination of the event leader. It is the responsibility of the event leader to communicate the cancellation with the participants.



North Shore Unitarians

370 Mathers Avenue,

West Vancouver, BC V7S 1H3

Phone: 604-926-1621

Website: northshoreunitarians.ca

Email: info@northshoreunitarians.ca

*... meeting in Squamish
and Tsleil-Waututh
traditional territory*

Lay Chaplains

Our Lay Chaplains perform Rite of Passage and Life Transition Ceremonies to mark important milestones.

For more information,
call us at 604-926-1621

or email us at

info@northshoreunitarians.ca.

We're happy to help!

STAFF AND BOARD OF TRUSTEES

Co-Ministers: Revs. Emily & Marcus Hartlief

Affiliated Community Minister: The Reverend Arthur Berman

Lay Chaplains: Barbara Moore & Lindsay Hindle

Director of Religious Education: Lynn Sabourin

Children's Program Assistant: Cara Elrod (Sundays)

Music Director: Alison Nixon

Accompanist: Toby Aldren

Youth Program Coordinator: Meike Schieb

Financial Administrator: Marge Zieroth

Church Administrator: Janni Kretlow

Custodian: Tom Fullerton

Newsletter Layout: Janni Kretlow

Newsletter Proofreader: Norma Elrod

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Lesley Giroday, Member at Large

Tricia Edgar, Member at Large

Lindsay Hindle, Member at Large
John Duffy, Member at Large



We actively welcome
all genders
and sexual orientations
in our faith community.